

INSTRUCTIONS

ALL NUCLEAR MEDICINE PROCEDURES (Including MPI)

****24 HOUR CANCELLATION NOTICE IS REQUIRED ****

248-656-3105

ALL of the Following Nuclear Medicine Tests require an Isotope injection.

This injection is ordered specifically for your weight & appointment time.

You will be charged for the cost of the isotope if you: fail to give 24 hour cancellation notice, or show up unreasonably late.

CT/CTA WITH CONTRAST

Drink plenty of fluids the day before & day of test so you are well hydrated.

- No caffeine or decaf 24 hours prior to test. (This includes coffee, tea, cola & chocolate.)
- Stop water pill 2 days prior to test. (Lasix, Bumex, Zaroxolyn)
- Do not eat 4 hours prior to test.
- Do not wear **METAL**.
- Stop Metformin the day of and for 2 days after test.

CT SCAN OF ABDOMEN, PELVIS

Nothing to eat after midnight before the test. If appointment is in the afternoon, nothing to eat 4 to 6 hours before appointment.

- Need two 16oz. bottles of water.
- Drink first bottle prior to exam.
- 30 minutes before exam, drink 1/2 of second bottle.
- Bring remaining 1/2 to exam.

MPI STRESS TEST (ALLOW 3 HRS FOR THIS TEST).

MUGA TEST (ALLOW 2 HRS FOR THIS TEST).

Drink plenty of fluids the day before & day of test so you are well hydrated.

No caffeine 12 hours prior to test. (This includes coffee, tea, cola & chocolate.)

Hold water pill the day of your appointment.

- You may have a light meal 2 hours prior to appointment (unless you are having blood drawn). If you are having blood work today, please bring a snack.
- Take medications as prescribed (except for water pill).
- **No lotion, perfumes or powder.**
- You will be walking on a tread mill. Please wear walking shoes or tennis shoes & a 2 piece outfit with a loose fitting shirt with **NO METAL** on it.
- Please **DO NOT WEAR HIGH HEELS, SANDALS OR DRESSES.**

ULTRASOUND

ABDOMEN, GALLBLADDER, LIVER, PANCREAS & KIDNEYS

- Nothing to eat or drink after midnight.

PELVIS, TRANSVAGINAL & BLADDER

- Drink 32oz. of water 1 hour prior to appointment
- **DO NOT USE the BATHROOM AFTER DRINKING THE WATER.**

TREADMILL STRESS TEST (TST)

(Allow 45 Min for this Test).

- **No caffeine 24 hours** prior to test. (This includes coffee, tea, cola & chocolate.)
- You may have a light meal 2 hours prior to appointment.
- Take medications as prescribed (except for water pill).
- **No lotion, perfumes or powder.**
- You will be walking on a treadmill. Please wear walking shoes or tennis shoes & a loose fitting shirt. **NO DRESSES.**

NUCLEAR BONE SCAN

Drink plenty of fluids the day before & day of test so you are well hydrated.

Please wear clothing with **NO METAL** & Remove ALL Jewelry.

- This is a 2 part procedure:
 - Part 1: Isotope injection is given.
- Return 3 hours later for:
 - Part 2: Pictures are taken. (Please allow 2 hours)

HIDA SCAN (Allow 2 to 3 hours for this test).

- **NOTHING TO EAT OR DRINK 4 TO 6 HOURS PRIOR TO TEST.**
- Drink plenty of fluids the day before your test so that you are well hydrated.
- Please wear clothing with **NO METAL.**

Tc-99m THYROID SCAN (Allow 1 1/2 hours for this test).

- Do not take any fish oil or vitamins containing iodine for 3 days prior to test.
- Do not wear necklaces or earrings.

Please let us know if you have an iodine allergy, kidney disease or if you are, or may be pregnant.

We participate and **ACCEPT MOST INSURANCES**, please inquire when making your appointment.